



Catholic Medical Association (UK)

www.catholicmedicalassociation.org.uk

and www.cmq.org.uk

Email: kentcma@gmail.com

Saying yes and saying no

Skills for clinicians dealing with ethical dilemmas in medicine



A spiritual and learning conference, carrying 6 hours of CPD
for Catholic healthcare workers from the

Catholic Medical Association (Kent Branch)

Saturday 25th & Sunday 26th of February 2012

Attendance certificates for 6 hours of CPD will be available.

Prog

In 1999 British forces were asked to occupy an airfield in Kosovo. But as the Russians had already occupied it, the General Officer commanding, General Sir Mike Jackson, refused to carry out the order. He was not willing to start a conflict between Russia and NATO. As their commander (who possibly risked reprisal for refusing to follow orders) said: "I'm not going to have my soldiers be responsible for starting World War III". Singer, James Blunt, who was a 25-year-old cavalry officer at the time, was one of the commanders initially ordered to the airfield but he later said "There are things that you do along the way that you know are right, and those that you absolutely feel are wrong, that I think it's morally important to stand up against, and that sense of moral judgement is drilled into us as soldiers in the British army". Although both had technically defied military orders during combat, neither faced any reprisals because they were able to appeal to a higher law, both international law and the law of morality.

Doctors and nurses often face ethical dilemmas which means that, sometimes, they find themselves in a position that risks career and family welfare in order to do what is right. This is especially true when they stand against some fashionable, but defective, medical opinions. So far, the greatest pressure points have tended to arise when dealing with abortion, contraception, some fertility treatments and care of the elderly and dying.

It is important to know what is right and wrong, but clinicians must also be able to defend their clinical and ethical decisions and to communicate those decisions, and the reasons for them, effectively and compassionately. If clinicians cannot do that, their jobs may be at risk.

Rather than focussing exclusively upon the discussion of what is ethically right and wrong, this conference will work to provide ideas as to how health workers might meet the ethical and clinical challenges without putting their careers at risk and how they might do so practically. Questions that often arise include asking how clinicians communicate a negative decision responsibly, ethically and compassionately or how they professionally argue for the provision or continuance of good care when others may be reluctant to treat. Topical areas include advice and professional decisions relating to difficult pregnancies, fertility care, nutrition and hydration, care of the elderly, and disabled, among other areas.

In this conference experienced and expert speakers will work with delegates to set out appropriate and well-informed professional methods of advising, deciding, communicating, discussing and negotiating, with the aim of building up the skill-base of participants. The conference will make use of workshops and experiential learning to support participants who will be a mixture of young and more experienced clinicians coming together to share and develop skills and knowledge.

Key speakers include

Dr Philip Howard, Consultant Physician at St Hellier Hospital and medico legal expert

Mr Jamie Bogle, Barrister of the Middle Temple, London

Dr Mike Delaney GP

Dr Adrian Treloar, Consultant and Senior Lecturer in Old Age Psychiatry

Dr Charlie O'Donnell, Consultant in A+E and ITU Medicine

Teresa Lynch RGN, MSc. Nurses Opposed to Euthanasia

Fr Tim Finigan, and Fr Bernard McNally, Chaplain at Guy's Hospital.

Fr Jeremy Davis MRCP. Exorcist for Westminster Diocese

Saturday 25th of February 2012

8.45am **Registration and coffee Rosary**

9.00am **Rosary**

9.15am **Introduction to the day, setting the scene** Dr Adrian Treloar

9.30 **Saying yes, saying No Case examples: morning after pill and artificial nutrition**
Drs Charles and Marilu O'Donnell

Programme

10.00	Ethics, and decision making in clinical settings . Good medical practice, The duty to avoid harmful treatments, double effect, intention and purpose. Dr Philip Howard
10.45	Coffee
11.00	Real life scenarios workshop. Communication is key: how to put your decision in a reasonable, credible, acceptable and compassionate manner Delegates will be invited to participate in discussions around issues such as request for abortion, DNAR decision, discussing a more palliative approach to care, request for lethal injection, etc. Feedback.
12.00pm	Benediction
12.30	Lunch Either bring your own or refreshments, sandwiches and soup etc available at low cost
1.30pm	The law: using it to your advantage Mr Jamie Bogle.
2.30pm	Methods that work Dr Adrian Treloar, Dr Philip Howard, Dr Tony Cole, Fr Jeremy Davis
3.15pm	Tea
3.30pm	Skill building, practicing the tasks A series of 6 minute consultations, abortion, withdrawing medical support, a newly diagnosed problem pregnancy,
5.00pm	Prayer in a medical life. Dr Mike Delaney
6.00pm	Mass
7.30pm	Conference Banquet , £10 per head, with an address by Fr Tim Finigan Black tie optional MUST BE BOOKED BEFOREHAND
10pm	Option to retire to the bar!
11pm – 7am	Exposition of the Blessed Sacrament and overnight Adoration for those who wish

Sunday 26th of February 2012

7.00am	End of Exposition
8.00m	Breakfast (provided)
9.00am	Vocation in Healthcare. Bringing hope to those whom we treat. Fr Bernard McNally, Chaplain to Guy's Hospital London
10.30am	Sung High Mass and a blessing for health workers
12.00	Conference ends with lunch in the parish club; the bar will be open.

The opportunity for Confessions will be available throughout both days

All you need to know

Who should attend?

All healthcare workers including Doctors, Nurses, Social Workers, OTs, Physios, Pharmacists etc, and students of all healthcare professions.

How to get there ?

The Church of Our Lady of the Rosary, 330a Burnt Oak Lane, Blackfen DA15 8LW. Blackfen is 5 miles in from the M25 (Junction 2) and then just off the A2. It's a mile from Sidcup railway station and 35 minutes from Central London . See <http://www.blackfencatholic.org/> for directions.

How do I book my place at the conference?

Phone us on 07792 359 239 or email kentcma@gmail.com

Please book your place as soon as you can. If you can't join us for the whole conference, you are very welcome to join us for part of the conference.

Provide details of -

- Name, Address, Email, Mobile number
- If you want to book for the Conference Supper on Saturday
- If you would like to sleep at the church or to avail of the limited accommodation with a local family

How much will it cost?

The conference is free to CMA members. It is generously supported by the Parish of Our Lady of the Rosary who are allowing us to use their facilities.

All others are asked to make a donation of at least £10 towards the cost.

Annual CMA Membership with benefits of the Catholic Medical Quarterly and all other CMA activities will be available on the day for £30.

Booking the Conference Supper!

If you want a place at the conference supper this **MUST** be booked in advance (£10 per head). Do let us know if you have any particular dietary needs.

Accommodation: is there any?

Book overnight with the Holiday Inn, two miles away in Bexley Village. Alternatively there will be some limited accommodation available with local families, on a first come first served basis.

Those staying for overnight adoration and students may sleep in tents outside or on the floor of the Parish Halls. Please bring sleeping bags.

Childcare?

Is available but please email or phone to arrange in advance please!

Mass details

High Mass on Sunday at 10.30am will be sung in Latin. Those wishing to attend Mass in English may attend on Saturday evening at 6.00pm or the 9am Mass on Sunday morning.

You are welcome to join us for part or all of the conference as you are able